

**ENTRANCE ANTIPHON** Cf. Is 66: 10-11  
 Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.

**ENTRANCE HYMN**

**R:** *The light of Christ has come into the world,  
 The light of Christ has come into the world.*

**We all must be born again to see the kingdom of God; the water and the spirit bring new life in God's love. (R)**

**God gave up his only Son out of love for the world so that ev'ryone who believes in him will live for ever. (R)**

**The Light of God has come to us so that we might have salvation, from the darkness of our sins, we walk into glory with Christ Jesus.**

**Priest:** In the name of the Father and of the Son, and of the Holy Spirit.  
 People: **Amen.**

The Grace of Our Lord Jesus Christ, the love of God, and the Communion of the Holy Spirit be with you all.  
**And with your spirit.**

**I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,  
*Striking your breast as you say:*  
 through my fault, through my fault, through my most grievous fault;  
 therefore I ask blessed Mary ever-Virgin,  
 all the Angels and Saints,  
 and you, my brothers and sisters,  
 to pray for me to the Lord our God.**

**The absolution by the Priest follows:**  
 May almighty God have mercy on us, forgive us our sins and bring us to everlasting life.  
**Amen.**

Lord have mercy. **Lord have mercy.**  
 Christ have mercy. **Christ have mercy.**  
 Lord have mercy. **Lord have mercy.**

**FOURTH SUNDAY OF LENT**



14th March 2021

**COLLECT**

O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.  
**Amen.**

**THE LITURGY OF THE WORD**

SIT

**FIRST READING** 36:14-16.19-23

**A reading from the second book of Chronicles**

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, "Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation."

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: "Thus speaks Cyrus king of Persia. 'The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up.'"

The word of the Lord.

**Thanks be to God.**



**R. O let my tongue cleave to my mouth if I remember you not!**

1. By the rivers of Babylon there we sat and wept, remembering Zion; on the poplars that grew there we hung up our harps. **R.**
2. For it was there that they asked us, our captors, for songs, our oppressors, for joy. "Sing to us," they said, "one of Zion's songs." **R.**
3. O how could we sing the song of the Lord on alien soil? If I forget you, Jerusalem, let my right hand wither! **R.**
4. O let my tongue cleave to my mouth if I remember you not, if I prize not Jerusalem, above all my joys! **R.**

**SECOND READING 2:4-10**

**A reading from the letter of St Paul to the Ephesians**

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ — it is through grace that you have been saved — and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

The word of the Lord.

**Thanks be to God.**



**ACCLAMATION Jn3:16**

**Glory and praise to you, O Christ: God loved the world so much that he gave his only Son; everyone who believes in him has eternal life.**

**Glory and praise to you, O Christ.**



**GOSPEL**

**3:14-21**

The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to John.  
**Glory to you, O Lord.**



Jesus said to Nicodemus:  
The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.

No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son. On these grounds is sentence pronounced:

that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**



**PROFESSION OF FAITH**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, *(All bow during the next three lines)* and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

**PRAYER OF THE FAITHFUL**

**LITURGY OF THE EUCHARIST**



*Raising the host, the priest says:*

Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life. **Blessed be God for ever.**



*The priest pours wine and a little water into the chalice, saying quietly:*

By the mystery of this water and wine may we come to share in the divinity of Christ, who humbled himself to share in our humanity.

*Raising the chalice, the priest says:*

Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.  
**Blessed be God for ever.**

*Bowing the priest says quietly:*

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, O Lord.

*Then the priest washes his hands, saying quietly:*

Wash me, O Lord, from my iniquity; and cleanse me from my sin.

◆ **STAND** ◆

*Facing the people the priest says:*

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.**

**PRAYER OVER THE OFFERINGS**

We place before you with joy these offerings, which bring eternal remedy, O Lord, praying that we may both faithfully revere them and present them to you, as is fitting, for the salvation of all the world. Through Christ our Lord.  
**Amen.**

*PREFACE: II of Lent  
EUCCHARISTIC PRAYER II*

The Lord be with you.  
**And with your Spirit.**  
Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.  
**It is right and just.**

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God.  
For you have given your children a

sacred time for the renewing and purifying of their hearts, that, freed from disordered affections, they may so deal with the things of this passing world as to hold rather to the things that eternally endure.

And so, with all the Angels and Saints, we praise you, as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

◆ **KNEEL** ◆

You are indeed Holy, O Lord, the fount of all holiness.

*The Priest joins his hands and, holding them extended over the offerings, says:*

Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body ✕ and Blood of our Lord, Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.

**The mystery of faith**

**When we eat this Bread and drink this Cup, we proclaim your death, O Lord, until you come again.**



*Then the Priest, with hands extended, says:*

Therefore, as we celebrate the memorial of his Death and Resurrection, we offer you, Lord, the Bread of life and the Chalice of salvation, giving thanks that you have held us worthy to be in your presence and minister to you.

Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church, spread throughout the world, and bring her to the fullness of charity, together with Francis, our Pope, N. our Bishop, his assistant Bishop(s), and all the clergy.

Remember also our brothers and sisters who have fallen asleep in the hope of the resurrection, and all who have died in your mercy: welcome them into the light of your face.

Have mercy on us all, we pray, that with the Blessed Virgin Mary, Mother of God, with blessed Joseph, her Spouse, with the blessed Apostles and with all the Saints who have pleased you throughout the ages, we may merit to be coheirs to eternal life, and may praise and glorify you through your Son, Jesus Christ.

*The Priest takes the chalice and the paten with the host and, elevating both, he says:*

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.  
**Amen.**

**COMMUNION RITE**

◆ **STAND** ◆

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven . . .**

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

**For the kingdom, the power and the glory are yours, now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and  
unity in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you  
always.

**And with your Spirit.**

*The priest may add these or similar words.*  
Let us offer each other the sign of peace.

*The priest places a small piece of the host in the chalice saying quietly:*  
May this mingling of the body and  
blood of our Lord Jesus Christ  
bring eternal life to us who receive it.

*Meanwhile the people sing or say:*

**Lamb of God, you take away the  
sins of the world:  
have mercy on us.**

**Lamb of God, you take away the  
sins of the world  
have mercy on us.**

**Lamb of God, you take away the  
sins of the world  
grant us peace.**

**◆ KNEEL ◆**

*The priest says quietly:*

May the receiving of your Body and  
Blood,  
Lord Jesus Christ,  
not bring me to judgement and  
condemnation,  
but through your loving mercy  
be for me protection in mind and  
body, and a healing remedy.

*Raising the host the priest says:*

Behold the Lamb of God,  
behold him who takes away the sins of  
the world.  
Blessed are those called to the supper  
of the Lamb.

*And together with the people he says once:*

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

May the Body of Christ  
keep me safe for eternal life.

*The Priest reverently consumes the Body of Christ.*

*Then he takes the chalice and says quietly:*  
May the Blood of Christ  
keep me safe for eternal life.

*The Priest raises a host slightly and shows it to each of the communicants, saying:*

The Body of Christ.  
**Amen.**

**COMMUNION ANTIPHON Cf. Jn 9: 11, 38**  
**The Lord anointed my eyes: I went,  
I washed, I saw and I believed in  
God.**

### COMMUNION HYMN

I am the Bread of life;  
You who come to me shall not hunger;  
and who believe in me shall not thirst.  
No-one can come to me unless the  
Father draw him.

*R: And I will raise you up,  
and I will raise you up,  
and I will raise you up on the last day.*

The bread that I will give  
is my flesh for the life of the world,  
and if you eat of this bread,  
you shall live forever,  
you shall live forever. **R.**

I am the Resurrection, I am the Life,  
If you believe in me,  
even though you die,  
you shall live forever. **R.**

Yes, Lord, I believe  
that you are the Christ,  
the Son of God  
who have come into the world. **R.**

### PRIVATE PRAYER AFTER COMMUNION

My Jesus, I adore you present in my  
soul.

Your being with me is the greatest  
proof I have that the Father loves me.

You have come to me not to  
condemn me, but to save me and  
bring me to life with you.

I thank you with all my heart.

My Jesus, I believe in you: I thank  
you for the gift of faith.

That I have the faith is not my own  
doing, but the result of your great love  
and mercy.

Glory be to the Father, and to the  
Son, and to the Holy Spirit.

As it was in the beginning, is now,  
and ever shall be, world without end.

**◆ STAND ◆**

### PRAYER AFTER COMMUNION

O God, who enlighten everyone who  
comes into this world,  
illuminate our hearts, we pray,  
with the splendour of your grace,  
that we may always ponder  
what is worthy and pleasing to your  
majesty and love you in all sincerity.  
Through Christ our Lord.  
**Amen.**

### CONCLUDING RITES

The Lord be with you.  
**And with your spirit.**

*Bow head for the blessing – short silence*

### PRAYER OVER THE PEOPLE

Look upon those who call to you, O  
Lord, and sustain the weak;  
give life by your unfailing light  
to those who walk in the shadow of  
death, and bring those rescued by  
your mercy from every evil to reach the  
highest good.

Through Christ our Lord.  
**Amen.**

And may the blessing of almighty God,  
the Father, and the Son, ✠ and the  
Holy Spirit, come down on you and  
remain with you for ever.  
**Amen.**

Go and announce the Gospel of the  
Lord.  
**Thanks be to God.**

### RECESSIONAL HYMN

**How lovely on the mountains  
are the feet of him  
who brings good news, good news,  
announcing peace,  
proclaiming news of happiness:**  
*Our God reigns, Our God reigns.  
Our God reigns, Our God reigns.  
Our God reigns, Our God reigns.*

**Ends of the earth, see  
the salvation of our God!  
Jesus is Lord, is Lord!  
Before the nations,  
he has bared his holy arm.**  
*Our God reigns, Our God reigns.  
Our God reigns, Our God reigns.  
Our God reigns, Our God reigns.*